My Story – Template

Use this template to write the story of you and your ACC. Writing out everything you’ve experienced like this can actually be very cathartic. You don’t need to use all the sections if you don’t want to – this is just a suggestion to get you started. We’d love to include your story in one of our newsletters and/or on our website to help other patients. We don’t have a word restriction so write as much as you like. If you’d prefer to remain anonymous, then feel free to write using a fake name. If you’re happy for us to use your story then please just sign below and don’t forget to send us a couple of photos!

## Tell us a bit about yourself [age, hobbies, etc]

## How were you diagnosed and how long did it take?

## What treatment have you had and how did it affect you then and now?

## How has all this affected your family?

## What lessons have you learnt along the way (if any)?

## Who’s been your hero? Perhaps it was you!

## Was ACC Support UK helpful during your journey?

## How are you now?

I understand that, by signing below, I am giving permission for ACC Support UK and AMEND to use my story (and any photographs supplied) in the following ways (please delete as appropriate): newsletter / website / social media

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_